



# A Beginner's Guide to Learning Circles

## Chapter 7a

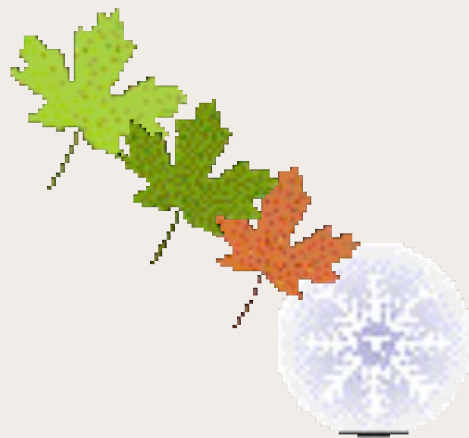
How learning happens in a cycle.

available at [www.nald.ca/learningcircles/bg.htm](http://www.nald.ca/learningcircles/bg.htm)

by Tracey Mollins with notes from Janice Brant, Arthur Bull and Guy Ewing

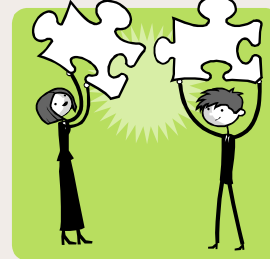
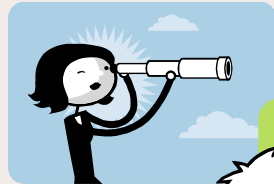
Diane Hill, an adult educator who specializes in working with aboriginal adults says...

“All learning moves through a cycle.”



Aboriginal people understand that there are four stages in learning:

- see
- feel/relate
- think
- and act



This is very similar to what Freire proposed.

Observe your reality.

Discuss your reality.

Read and write about your reality.

Analyse your reality.

Transform your reality.

we are not beings  
of adaptation  
but of transformation



Each stage in this cycle plays an essential role in the learning process and the development of the individual as a whole person.



All learning begins with awareness.

Insights,  
intuitions  
and dreams  
activate the learning process  
and challenge the way we  
feel/relate, think, and act.

